

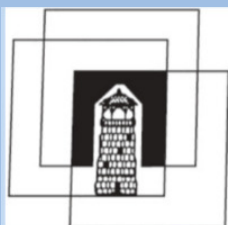
Neighborhood Support for Seniors and Caregivers

Find out how we can help you
or a loved one
by contacting us at:



Neighborhood Network^{FOR}Seniors

Neighborhood Network for Seniors
(Union Park, Summit University and
Macalester Groveland)
651-646-2301



HIGHLAND BLOCK
NURSE PROGRAM

Highland Park Block Nurse
(Highland & Mac-Groveland area
south of St. Clair Ave)
651-696-8425



Keystone Community Services
(West 7th neighborhood,
Summit Hill)
651-298-5493 ext.205

Support Provided by:



Minnesota Department of Human Services

The Living at Home/Block Nurse Program is a neighborhood-based program whose goal is to help older adults live independently in their own communities for as long as possible. The program utilizes local volunteers and professionals to provide medical and social services to older adults, in order to enhance the quality of their lives.

Goals of the programs include:

- Coordinating formal and informal services to enable seniors to remain living in their home for as long as possible.
- Coordinating other forms of supports that enhance the overall well-being of seniors.
- Delaying assisted living and nursing home placement for as long as feasible.

Activities include:

- Nursing Services and homecare supportive services*
- Care Coordination*
- Transportation assistance*
- Education and health promotion events
- Social and fitness opportunities
- Caregiver supports

Serving the Southwestern area of St. Paul:

If you or your loved one lives south of University Ave between the Mississippi River and downtown Saint Paul, we may be able to help. Call one of our programs and we'll help you find what you need.

*Services available on a sliding fee scale.